

# ARE YOU LISTENING?

COMMUNICATION IS A LARGE PART OF BUILDING INTIMACY AND A HEALTHY RELATIONSHIP. BY GIVING HONEST ANSWERS TO THE QUESTIONS BELOW, YOU AND YOUR PARTNER CAN GET A SENSE OF HOW WELL YOU COMMUNICATE. YOU AND YOUR PARTNER ANSWER THE QUESTIONS SEPARATELY BY CIRCLING TRUE OR FALSE. USE THE BOTTOM 5 BLANKS TO WRITE YOUR OWN QUESTIONS. ONCE COMPLETE, SWITCH QUIZZES WITH YOUR PARTNER AND TALK ABOUT THE ANSWERS. IF THE ANSWER IS INCORRECT MARK WITH AN X.

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|---|-------|
| 1. I can name my partner's best friend.                                     | T — F |
| 2. I know my partner's favorite musician/band.                              | T — F |
| 3. I can list my partner's 3 favorite movies.                               | T — F |
| 4. I can list my partner's current stresses.                                | T — F |
| 5. I know the names of my partner's work colleagues.                        | T — F |
| 6. I know my partner's favorite color.                                      | T — F |
| 7. I know my partner's religious beliefs and ideas.                         | T — F |
| 8. I know the best gift my partner received as a child.                     | T — F |
| 9. I know my partner's favorite meal.                                       | T — F |
| 10. I can list 3 destinations where my partner wants to go on vacation.     | T — F |
| 11. I can tell you in detail about the first time we met.                   | T — F |
| 12. I know my partner's favorite beverage.                                  | T — F |
| 13. I know what body part my partner is most self conscious about.          | T — F |
| 14. I can name 2 things on my partner's bucket list.                        | T — F |
| 15. I can name 1 person that had a positive influence on my partner's life. | T — F |
| 16. I know which hobby my partner wishes they had time for.                 | T — F |
| 17. I can tell you my partner's most sentimental possession.                | T — F |
| 18. I can list the names of relatives that my partner likes least.          | T — F |
| 19. I can list my partner's 3 favorite dates we have ever been on.          | T — F |
| 20. I know my partner's top 3 favorite T.V. shows.                          | T — F |
| 21. I know what helps my partner calm down when stressed.                   | T — F |
| 22. I know how my partner takes their coffee.                               | T — F |
| 23. I can name my partner's first celebrity crush.                          | T — F |
| 24. I know my partner's dreams and goals.                                   | T — F |
| 25. I can name the habit that I have that irritates my partner the most.    | T — F |
| 26. _____   | T — F |
| 27. _____   | T — F |
| 28. _____   | T — F |
| 29. _____   | T — F |
| 30. _____   | T — F |

**BORED? CURIOUS? WANT MORE WAYS TO SPICE THINGS UP? WE CAN HELP!**

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